

LLI

Mission Statement

The mission of the Lifetime Learning Institute at Bard College is to:

- provide enriching educational and social experiences in a community of mature adults by offering noncredit and noncompetitive courses under the sponsorship of Bard College;
- encourage members to volunteer, according to their individual skills and interests;
- share ideas and experiences with students of all ages.

About

LLI is affiliated with the Road Scholar Institute Network, a national organization that facilitates communication with similar groups. LLI is an all-volunteer, member-run organization that encourages active participation. Our presenters volunteer from our membership, the community, and the Bard faculty. LLI organizes two seven-week semesters, a winter intersession and summer series, and occasional special events.

Donations, Grants, and Incentives

- Dean Stuart Stritzler-Levine Seniors-to-Seniors Grant: Five graduating seniors receive grants to help them complete their Senior Projects. A Bard College committee chooses the recipients, who may use the funds as needed. Prior to Commencement, the recipients present their Projects at a high tea hosted by LLI.
- Bard High School Early College Summer Intern Incentive: BHSEC in New York offers selected students the opportunity to graduate with two years of college credit. During the summer before their final year, students may participate in unpaid internships. LLI provides a small stipend to four students to help with their expenses during this time.
- Bard Center for Civic Engagement (CCE) Community Action Awards: support for student internships, travel, and other costs, and support for other CCE programs.
- Bard College Conservatory of Music: ongoing general support.
- Bertelsmann Campus Center: technical upgrades to conference rooms and classrooms.
- Bard College Studio Arts Program: materials for students.
- Joan Tower Composition Scholarship Fund: general support.

CONTACT

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COURSE SCHEDULE AND INDEX

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FRIDAY CLASSES

FIRST PERIOD

1A. THE GODDESS IN WORLD RELIGIONS**Fridays: 8:30 a.m. - 9:50 a.m.****March 23, 30; April 6, 13, 27; May 4, 11**

The course will explore goddess worship from the Neolithic era to the present day, and the ideas and values embodied in ritual. Topics include the concept of the Great Mother Goddess; rise of patriarchy; polytheistic systems, such as Hindu and Greek; feminine aspects of major contemporary religions; and the resurgence and variety of goddess worship and its connection to environmental issues. Guest speakers when possible. Some research required. Highly recommended reading: China Galland's *Longing for Darkness*.

Presenter: Meta Plotnik (LLI) retired from Nassau Community College after 33 years of teaching a range of English courses, including British and American literature. She helped create the Women's Studies Program in 1991, taught the first introductory course, and later *The Goddess in World Religions*. Her Ph.D. dissertation at the CUNY Graduate Center focused on women and men in 19th-century English novels.

Producer: Joanne Mrstik**1B. MARTIN LUTHER AND THE 500TH ANNIVERSARY OF THE PROTESTANT REFORMATION (1517–1618)****Fridays: 8:30 a.m. - 9:50 a.m.****March 23, 30; April 6, 13, 27; May 4, 11**

On October 31, 1517, an obscure Augustinian hermit monk and university professor named Martin Luther (1483–1546) nailed his 95 *Theses* on the door of the Castle Church in Wittenberg, Germany. This seemingly minor act of protest against perceived corruptions and vices in the medieval Roman Catholic Church ignited the Protestant Reformation (1517–1618) and gave birth to the modern world (c. 1500).

This course will examine Luther—warts and all—and trace his profound impact, which led up to the apocalyptic Thirty Years War (1618–1648).

Presenter: Mark D. Isaacs, M.Div.; S.T.M.; D.Min.; and D.D. is A.B.D. status in the D. Litt. Program at Drew University. He is the pastor of St. Paul's Lutheran Church of Wurttemberg in Rhinebeck and an adjunct economics professor at the Culinary Institute of America. While engaging in postdoctoral work and teaching, he has traveled to Europe, India, and Israel.

Producer: Dacie Kershaw**1C. THERAPEUTIC YOGA****Fridays: 8:30 a.m. - 9:50 a.m.****March 23, 30; April 6, 13, 27; May 4, 11**

Yoga can be a valuable addition to the toolbox for practices of self-care. This class will highlight different yoga techniques to support healing and health. Topics covered will be yoga for a better back, yoga to relieve stress and anxiety, yoga practices for stronger bones, and yoga for depression. Restorative Yoga, Yoga Nidre, and Open Focus Meditation will be among the techniques introduced.

Class limit: 24

Presenter: Susan Blacker (LLI) began her yoga teacher training at Kripalu Center for Yoga and Health. Certified to teach since 2002, she continues to take workshops in Yoga of Heart®—Cardiac and Cancer, Healing Art of Yoga, Yoga for a Better Back, and Yoga for Students with Health Challenges. She teaches classes in Woodstock and Saugerties, and gentle yoga classes from home.

Producer: Jane Diamond

SECOND PERIOD

2A. CREATING AND PLAYING MUSIC**Fridays: 10:10 a.m. - 11:30 a.m.****March 23, 30; April 6, 13, 27; May 4, 11**

Under the guidance of Joan Tower, Asher B. Edelman Professor in the Arts at Bard College, each meeting of this class will feature live

performances with particular themes by students from the Bard College Conservatory of Music. Professor Tower will introduce the musicians and moderate the discussion and question period to follow.

Class limit: 60

Presenter: Joan Tower has had compositions performed by most major orchestras and ensembles in the United States. Her Naxos recording, *Made in America*, won three Grammy awards. She was composer in residence with the Pittsburgh Symphony, St. Louis Symphony, and the Orchestra of St. Luke's, and the founder of (and pianist for) the Da Capo Chamber Players.

Producer: Bob Blacker**2B. FURNITURE STYLES AND THE CHARACTERS THAT BUILT THEM****Fridays: 10:10 a.m. - 11:30 a.m.****March 23, 30; April 6, 13, 27; May 4, 11**

The history of furniture and styles from medieval times to today. Learn about construction and finishing techniques. Hear anecdotes and stories about furniture designers including Chippendale, Stickley, Thomas Day, Green & Green, George Nakashima, Sheridan, the Townsend family, Duncan Fife, and the Eames brothers. Learn the difference between art deco and art nouveau, between a French and an English dovetail joint, between marquetry and parquetry, book matching and quarter matching. What makes a piece Arts and Crafts Style, what is French polishing, why is molding put there, and much more.

Presenter: Gus Pedersen (LLI) designs and builds custom period reproduction and modern furniture. After 25 years in the computer industry, he changed careers and became a cabinetmaker. He has been in the Saugerties Artists Tour for 12 years. To view his work, go to <http://www.guspetersen.com/>.

Producer: Dorothy Baran

2C. POETRY OF PROTEST

Fridays: 10:10 a.m. - 11:30 a.m.

March 23, 30; April 6, 13, 27; May 4, 11

Poetry of Protest has blossomed in the United States due to an increasing openness to diverse voices and acceptance of linguistic innovation. This course will look at poems, from sonnet to rap, that are marvelous as poems and effective as protest. The first class will explore four poems by Terrance Hays, “American Sonnet for my Past and Future Assassin,” available as a poetry podcast: <https://www.poetryfoundation.org/podcasts/144101/>. Students should listen to the podcast before the class. The text will be *Resistance, Rebellion, Life—50 Poems*, Amjit Majmudar, editor. Available online (in Kindle and in print).

Class limit: 15

Presenter: Lee Gould (LLI) is a poet, essayist, teacher, and editor of *La Presa*, a bilingual literary journal. Her poems have appeared in journals such as *Quarterly West*, *Salmagundi*, *Berkshire Review*, and *Passager*, and in the anthologies *Burning Bright*, *In/Filtration: Innovative Writers of the Hudson Valley*, and others. Her chapbook, *Weeds*, was published in 2010.

Producer: Margaret Shuhala

2D. POLITICS OF WATER

Fridays: 10:10 a.m. - 11:30 a.m.

March 23, 30; April 6, 13, 27; May 4, 11

Less than 1 percent of the water on the planet is potable—fit to drink. The course will review the state of the planet in terms of its water consumption and the availability of potable water. It will consider the impact of population growth, which is pushing the need for more available water, and the impact and history of the overuse of water within the United States and throughout the planet. Guest speakers, including the past director of the New York City water supply, will discuss their areas of expertise.

Presenter: Dick Franklin (LLI) retired from IBM in 1992 after a career in which he developed photographic processes, micro-etching and micro-miniaturization technology, water purification and management systems, and hazardous waste

disposal. From these he developed a deep understanding of water, its properties, potential hazards, and the potential environmental impacts of its use.

Producer: Bill Tuel

2E. THIRTY YEARS OF THEATER

Fridays: 10:10 a.m. - 11:30 a.m.

March 23, 30; April 6, 13, 27; May 4, 11

The presenter will lead a survey of modern American drama, including August Wilson’s *Fences*, Tony Kushner’s *Angels in America—Perestroika*, and Tracy Letts’s *August: Osage County*. Students are expected to purchase and read each title.

Presenter: Lou Trapani is the artistic and managing director of The CENTER for Performing Arts at Rhinebeck.

Producer: Claire Luse

THIRD PERIOD

3A. INNERMOST WORLD OF THE ROOSEVELTS

Fridays: 11:50 a.m. - 1:00 p.m.

March 30; April 6, 13, 27; May 4, 11
(no class March 23)

This course will examine significant people who helped forge the world of Franklin and Eleanor Roosevelt. Historic topics to be discussed are Japanese internment and the Roosevelt families’ political rivalries. Students must have access to *The Wars of the Roosevelts* by William J. Mann, which can be borrowed from local libraries or purchased online for less than \$10.

March 30: Louis Howe: The President Maker

An examination of the political genius behind President Franklin D. Roosevelt.

Presenters: Linda Bouchev (LLI) and Al Vinck are retired Hyde Park educators, independent Roosevelt researchers, and National Park Service interpreters.

April 6: Frances Perkins: The New Deal’s First Lady, Part 1

Perkins’s early life, education, and professional life (1880–1932).

Presenters: Linda Bouchev and Al Vinck

April 13: Frances Perkins: The New Deal’s First Lady, Part 2

Madame Secretary of Labor and postlude (1933–1965).

Presenters: Linda Bouchev and Al Vinck

April 27: FDR’s Infamy, ER’s Humanity: Japanese Americans in World War II
Presenters: Linda Bouchev and Al Vinck

May 4: Lorena Hickok: Her Life and Her Relationship with Eleanor Roosevelt

Presenter: Trish Maloney is an independent Roosevelt scholar and National Park Service interpreter.

May 11: The Wars of the Roosevelts: The Ruthless Rise of America’s Greatest Political Family

Presenter: William J. Mann is a novelist, biographer, and historian. His books include this course’s text, *Tinseltown*, and *Kate: The Women Who Was Hepburn*.

Producer: Linda Bouchev

3B. THE PLACES WE COME FROM, THE STORIES WE TELL

Fridays: 11:50 a.m. - 1:00 p.m.

March 23, 30; April 6, 13, 27; May 4, 11

Students will explore their lives and their identity, with these questions guiding the workshop. The class will examine the ways in which stories can take shape in various forms: fiction, nonfiction, poetry—a genre free-for-all. And students will learn how, as writers, they can draw from memory, oral stories, history, and research, and then extend and deepen that with speculation, supposition, and even opposition, using all of what they know and don’t know to write their stories.

Class limit: 10

Presenter: Bette Ann Moskowitz is a published author of songs, poems, short stories, a memoir, a novel, a nonfiction exploration of aging and institutionalization, and personal essays. She has just finished writing a novel and is completing “Finishing Up,” an exploration of aging and artists in America. She was an adjunct assistant English professor at Queens College and has taught numerous workshops and master classes.

Producer: Margaret Shuhala

**3C. READING ALOUD:
FINDING YOUR VOICE****Fridays: 11:50 a.m. - 1:00 p.m.****March 23, 30; April 6, 13, 27; May 4, 11**

Students develop the acting skills to perform public readings of essays, short stories, monologues, and poetry. As they practice vocal exercises to enhance resonance and create a delivery that is conversational and real, they learn to captivate their audience with directness and simplicity and, so, find their voices.

Class limit: 15

Presenter: Alan Lipper (LLI) has performed extensively with The CENTER for Performing Arts at Rhinebeck, Performing Arts of Woodstock, and Rhinebeck Readers Theatre. He has studied acting with Olympia Dukakis, oral interpretation with Robert Silber, and voice in many modalities.

Producer: Bill Tuel**3D. WHAT DO YOU THINK?****Fridays: 11:50 a.m. - 1:00 p.m.****March 23, 30; April 6, 13, 27; May 4, 11**

This discussion group on current events focuses on significant international and national news. Each week before class the facilitator will email a few key articles or editorials to participants for their reading and class discussion. Participants must have an active email address to receive the materials. The facilitator will manage the discussion to maximize participation and coverage of issues. Participants should come to class prepared to discuss the issues presented in the provided articles and by reading other media sources.

Class limit: 15

Presenter: William Goldman (LLI) has had a long-term interest in current events, especially in international affairs. He worked and lived as a Peace Corps volunteer and then as a U.S. Agency for International Development foreign service officer in seven countries over 30 years, managing assistance for reproductive health, child survival, HIV / AIDS, and related public health programs.

Producer: Bill Tuel**3E. WOMEN IN POLITICS****Fridays: 11:50 a.m. - 1:00 p.m.****March 23; April 6, 13, 27; May 4, 11
(no class March 30)**

A discussion about the journeys of women in politics and the impact these women have had on society, by a scholar and five guests in current positions of power.

March 23: Overview: Women's Participation in Elective Politics; Setting the Context for Five Guests: A Presentation on the Barriers, Obstacles, Opportunities, and Accomplishments of Women in Politics

Presenter: Joyce Gelb, Ph.D., is Professor Emeritus, The City College of New York. Her research interests and publications focus on women's movements and their public policy impact.

April 6: Didi Barrett (D): Representing a NYS District, Issues of Legislating and Decision-Making

Presenter: Didi Barrett has been serving as a Democratic member of the New York State Assembly since she won a special election in March 2012 (and three subsequent elections). She represents Assembly District 106, which includes parts of Dutchess and Columbia counties.

April 13: Virginia S. Martin (D): Perspective of the Democratic Commissioner of Elections for Columbia County

Presenter: Virginia S. Martin has gained national and international attention with her unique approach to election administration.

April 27: Holly C. Tanner (R): The Journey of a Republican Woman in County Government Administration

Presenter: Holly C. Tanner has been serving since 2002 as County Clerk of Columbia County, Clerk of the Supreme and County Courts, and County Commissioner of the Department of Motor Vehicles. She also presides over the NYS Association of Clerks and has been responsible for landmark legislation.

May 4: Aileen Rohr (D):**Challenges of Supervising a Historic Town in Dutchess County**

Presenter: Aileen Rohr has been elected to two terms as Hyde Park Supervisor, on a platform of making town government more efficient through strong fiscal management.

May 11: Marcus Molinaro (R): Summing Up: A Capstone on Working with Women in Politics

Presenter: Marcus Molinaro has been elected to two terms as Dutchess County Executive. He previously served in the NYS Assembly from 2007 to 2011 and was mayor of Tivoli from 1995 to 2007.

**Producers: Regina Armstrong,
Phyllis Heiko**

FOURTH PERIOD**4A. BIOLOGY OF INFECTIOUS DISEASES****Fridays: 1:40 p.m. - 2:50 p.m.****March 23, 30; April 6, 13, 27; May 4, 11**

Morbidity and mortality due to infectious diseases declined during the 20th century in developed nations, but remain high in poorer nations. The course will examine reasons for this disparity. Diseases covered include anthrax, typhoid fever, cholera, botulism, tetanus, bubonic plague, and Lyme disease. The role of antibiotics in the control of these diseases will be discussed. No previous background in science is required, but this course provides students with some degree of medical literacy. Supplemental readings will be available.

Presenter: John Ferguson (LLI) is Professor Emeritus, Biology Program, Division of Science, Mathematics, Computing, Bard College. He holds an Sc.B. from Brown University and a Ph.D. from Yale University. He has taught at Bard for 36 years, but this is his first course at LLI; it evolved from his popular course for nonscience majors, The Biology of Infectious Diseases.

Producer: Leslie Weinstock

4B. GARDENS AND GARDENING

Fridays: 1:40 p.m. - 2:50 p.m.

March 23, 30; April 6, 13, 27; May 4, 11

The class will discuss gardens and gardening with presenters who are Master Gardeners, professional gardeners, and experienced gardeners. Amy Parrella, horticulture supervisor and arboretum director at Bard, will speak about Blithewood, the Bard Farm, and Montgomery Place. There will be lots of time for questions and answers.

Class limit: 36

Presenter: Dorothy Baran (LLI) is a member of the Rhinebeck Garden Club and has been gardening for over 20 years. She will offer her knowledge and bring together the “gardening gurus” with whom she has shared her gardening passion.

Producer: Dorothy Baran

4C. SEEING DIFFERENTLY: READING TO WRITE

Fridays: 1:40 p.m. - 2:50 p.m.

March 23, 30; April 6, 13, 27; May 4, 11

This is the sixth course in the Seeing Differently series. Students continue to read one poem each week, using “noticing” and other strategies to delay their cultural (or perhaps human) need for instant interpretation. This allows the class to explore, examine, and play with a poem’s complexity. That reading will lead to and inform in-class writing. (This is not a writing class; no prior writing experience is necessary.) Ultimately, the class forms a community of readers and writers who share insight and experience.

Class limit: 15

Presenters: Barbara Danish was director of the Writing Center at NYU and adjunct associate professor in the Art and Design Education Department at Pratt Institute. She now works on the hotline and as a counselor at Family of Woodstock. **Laura Brown** holds a master’s degree in fine arts and is managing director of JSTOR, an online system for archiving academic journals.

Producer: Ellen Foreman

4D. SIGMUND FREUD

Fridays: 1:40 p.m. - 2:50 p.m.

March 23, 30; April 6, 13, 27; May 4, 11

Who was Sigmund Freud? What were his major contributions to society? Why was he so controversial in his time and why does he remain so today? In this course students will discuss some of the theories Freud developed that made him one of the great thinkers of the 20th century. Students will learn about his background and his process in creating his theories. The class will also discuss the technique of psychoanalysis and how it works.

Class limit: 25

Presenter: Dale Bernstein (LLI) is a licensed psychotherapist, in private practice since 1972. She trained in Freudian psychoanalysis at the Institute for Psychoanalytic Training and Research in New York City. A founding member of the New York Association of Feminist Therapists, she also has specialties in couples and group psychotherapy. She does pro bono work in crisis management in Rhinebeck.

Producer: Margaret Shuhala

4E. TAI CHI

Fridays: 1:40 p.m. - 2:50 p.m.

March 23, 30; April 6, 13, 27; May 4, 11

Tai Chi is a blood-freshening, moving meditation and slow-motion martial art. It promotes longevity and increases cognition, strength, confidence, balance, and flexibility. These gentle, stress-lowering exercises allow the *chi*, or life force, to follow the blood in the body, rather than stagnate. Tai Chi helps heal from the inside out, and students who commit to attending class regularly will gradually learn this long, elegant form of Yang Style Tai Chi.

Class limit: 20

Presenter: Annie LaBarge (LLI) is a poet and a painter who has taught art at the high school and college level. She studied Tai Chi with Joe Mansfield, Margaret Cheo, and Michael Porter. Her background includes all three of the Yang Style forms of Tai Chi. She also teaches Tai Chi in the Health Alliance Oncology Support Program.

Producer: Jane Diamond

FIFTH PERIOD

5A. CHEF’S STUDIO: LIBATIONS IN THE HUDSON VALLEY

Fridays: 3:10 p.m. - 4:30 p.m.

March 23, 30; April 6, 13, 27; May 4, 11

Continuing the exploration of Hudson Valley culinary arts begun the spring of 2017, this course will present the rich heritage of the wine, beer, cider, and spirits industries. The Hudson Valley has been dotted with vineyards, orchards, and grain fields for centuries. An introduction to historical production, now enjoying a renaissance, will set the stage for a semester of weekly presentations by local vintners, brewers, and distillers. Students will be encouraged to participate actively in the Q&A and discuss their own experiences.

Presenter: Valerie Balint is the program manager for Historic Artists’ Homes & Studios, and the former interim director of collections and research at Olana State Historic Site. She is co-creator of the Chef’s Studio series at Bard LLI. She attended culinary school in San Francisco and is a frequent lecturer on historic foodways, including demonstrations of historic recipes.

Producer: Dorothy Baran

5B. EXISTENTIALISM: PHILOSOPHERS AND AUTHORS

Fridays: 3:10 p.m. - 4:30 p.m.

March 23, 30; April 6, 13, 27; May 4, 11

This course will introduce the major existentialist philosophers—Kierkegaard, Nietzsche, Heidegger, and Sartre—as background for discussing three classic works of existentialist literature. Suggested readings are Jean-Paul Sartre, *No Exit* (a play); Albert Camus, *The Stranger* (a novel); and Leo Tolstoy, *The Death of Ivan Ilyich* (a short story).

Presenter: Jan Oser (LLI) has a Ph.D. and an M.A. in philosophy from New York University and majored in philosophy for her B.A. from the University of Pennsylvania. The philosophers she found most persuasive were the existentialists, and she finds that their philosophies cast a light on the works of many great writers. She

taught philosophy briefly as an adjunct professor before going to law school.

Producer: Margaret Shuhala

5C. IMPERIALISM I

Fridays: 3:10 p.m. - 4:30 p.m.

March 23, 30; April 6, 13, 27; May 4, 11

The historical, economic, and social realities leading to the rise of the bourgeoisie, and as a result, of global imperialism.

March 23: The Colonization of the Existing Cultures of North Africa

Presenter: Lewis Brownstein, Emeritus Chair of Political Science, SUNY New Paltz

March 30: The Middle East: How the Colonial Powers Created the Current Middle East

Presenter: Lewis Brownstein

April 6: The Imperial Powers and Africa South of the Sahara

The multinational colonization of a largely unexplored subcontinent.

Presenter: Yuka Suzuki, Associate Professor of Anthropology, Bard College

April 13: Hannah Arendt on Imperialism

Presenter: Roger Berkowitz, Academic Director, Hannah Arendt Center for Politics and Humanities, and Associate Professor of Political Studies and Human Rights, Bard College

April 27: Early Incursion and Colonization of Central and South America

Presenter: Philip Mauceri has studied and taught about the region in colleges on both continents.

May 4: America Enters the Age of Imperialism

Presenter: Malia Dumont, Bard 1995; Chief of Staff to the President of the College

May 11: Imperial China and European Imperialists

Presenter: Professor Li-hua Ying, Associate Professor of Chinese, Bard College; presented “China and Tibet” in LLI Global Crises: China

Producer: Jane Diamond

5D. WHEN ZERO DOESN'T MEAN NOTHING

Fridays: 3:10 p.m. - 4:30 p.m.

March 23, 30; April 6, 13, 27; May 4, 11

The course will look at the development of several areas of mathematical thought, tracing their origins and evolution as they sought to deal with challenges from inside and outside the mathematical community. The topics to be covered include numbers, geometry, algebra, calculus (differential and integral), probability, and others as time and interest permit. No special mathematical background is required, but some mathematical expressions will be presented and explained. This is a repeat of the course presented in the spring of 2013. **Presenter: Bill Tuel, Ph.D., (LLI)** retired from IBM in 2008, where he participated in the development of IBM's supercomputers. He has a lifelong interest in the history of science and all kinds of mathematics. He has taught math at SUNY New Paltz, and this course in other Lifetime Learning venues.

Producer: Bill Tuel

5E. WINE TASTING

Fridays: 3:10 p.m. - 4:30 p.m.

March 23, 30; April 6, 13, 27; May 4, 11

Wine has been a part of social, religious, and commercial activities, and even a few wars, since the dawn of civilization. The course will touch on these influences while it reviews the vast expansion of wine culture in the last 50 years. Students will look at all of this, and examine the wines themselves: tasting them and talking about them. The fee is \$15 per person, and each student should bring two wine glasses to each class.

Class limit: 35

Presenter: Paul McLaughlin (LLI) became interested in wine when he was in Germany in the Army. He holds a Ph.D. in chemistry and teaches part-time at Vassar College.

Producer: Joanne Mrstik

OFF-FRIDAY COURSES

6A. THE HUDSON RIVER SCHOOL OF ART: PAINTINGS, PAINTERS, PERIOD, AND PLACES

Tuesdays: 10:00 a.m. - 1:00 p.m.

May 1: Carriage House, Olana State Historic Site

May 8: Frances Lehman Loeb Art Center, Vassar College

May 15: Montgomery Place Campus, Bard College

This course, beyond an appreciation of the Hudson River School of art—painters, paintings, period, and places—is meant to foster a connection with the beauty and restorative nature of the outdoors. The intent is not only to understand the period in U.S. history that generated this art, but also to bring that culture and spirituality forward and experience that outlook on life in this present day.

Presenter: Skip Doyle is a licensed outdoor guide who leads people into nature, where they can encounter firsthand the experiences that these painters portray. He lectures throughout the Hudson River Valley on regional history, culture, and nature. He offers nature and spiritual programs at retreat houses along the Hudson River, and writes the “Valley Explorer” column for the Sunday Poughkeepsie *Journal*.

Producer: Dorothy Baran

6B. SOUND ADVICE: ADVENTURES IN PERCUSSION

Wednesdays: 10:00 a.m. - 12:00 p.m.

April 25; May 2, 9, 16

Garry Kvistad's studio at Woodstock Percussion, Inc., Shokan, NY

This course will include topics such as unusual percussion instruments from the presenter's extensive collection, antique mechanical musical devices, the science of sound (for lay audiences), and world music featuring innovative percussion. Classes will be interactive, giving participants a

comfortable forum in which to explore music-making firsthand.

Class limit: 35

Presenter: Garry Kvistad, founder and owner of Woodstock Chimes, is a member of the percussion group NEXUS. He won a group Grammy award for the Steve Reich and musicians recording “Music for 18 Musicians.” He holds a B.Mus. from Oberlin College and Conservatory and an M.Mus. from Northern Illinois University and is on the faculty of the Bard College Conservatory of Music.

Producer: Bob Blacker

6C. THE ARTICULATE, INFORMED DANCE AUDIENCE

Wednesday: 11:30 a.m. - 12:50 p.m.

March 21, 28; April 4, 11, 18, 25; May 2

What is postmodern dance? The course examines this question through viewings of recorded dances and documentaries, and writings of dance critics and scholars. The class will do so with an eye on assessing how the concepts and values of the dance artists who founded what we call postmodern dance have continued relevance today.

Class limit: 25

Presenter: Leah Cox, a dancer and choreographer, is term associate professor of dance at Bard College and dean of the American Dance Festival school. She is former education director, dancer, and rehearsal assistant at the Bill T. Jones / Arnie Zane Dance Company (2001–2015). She holds a B.A. from Texas Christian University and an M.F.A. from Hollins University.

Producer: Jane Diamond

6D. KAATSBAAN, A HOME FOR DANCE ON THE HUDSON

Thursdays: 1:00 p.m. - 2:30 p.m.

April 5, 12, 19 (Three sessions)

Saturday, April 21, 7:30 p.m. or

Sunday, April 22, 2:30 p.m.: Live performance

Note: This course is not open to members who enrolled in the fall of 2017. All sessions will take place at the Kaatsbaan International Dance Center in Tivoli.

Thursday, April 5: Beginnings, the Why and How

Presenters: Founders **Bentley Roton**, President; **Gregory Cary**, Artistic and Executive Director; **Martine van Hamel**, Prima Ballerina

Thursday, April 12: A Tour of Kaatsbaan

Tour the property and learn the history of the Stanford White buildings, their current use, and the founders’ hopes for the future. Dance films will be available for those who prefer not to tour.

Presenters: Bentley Roton, Gregory Cary

Thursday, April 19: Concept to Realization

How the aesthetics of the Stanford White heritage meet the creative requirements of dance in a structural reality that respects both.

Presenters: Warren Temple Smith, AIA, whose interests range from land use planning to historic preservation; **Gregory Cary**

Saturday, April 21 or Sunday, April 22: Live Performance

Presenter: New York Theatre Ballet
 A ticket to one performance will be available to each class member. NYTB was founded in 1978.

Producers: Jane Diamond, Prudence Garcia-Renart

SATURDAY COURSES

7A. FELDENKRAIS: AWARENESS THROUGH MOVEMENT®

Saturday: 11:00 a.m. - 12:00 p.m.

March 24, 31; April 7, 14

Awareness Through Movement® is a mindful way to improve movement. It works through a combination of slowing down, reducing effort, and paying attention to sensation while being guided verbally through movement patterns fundamental to human functioning. Daily activities become easier; posture, balance, and breathing improve. An emphasis on ease and comfort makes the method especially effective for aging bodies. Participants must be able to lie

on the floor and to get down and up—with help is fine.

Class limit: 20

Presenter: Margaret Pierpont, a Guild-Certified Feldenkrais Practitioner (GCFP), teaches Feldenkrais to groups and individuals in New York City and locally. She has had a lifelong interest in movement, relaxation, and the mind-body connection, and has extensive experience in dance, yoga, and meditation. After a career as an editor and writer specializing in healthy lifestyle, travel, and spas, she chose the Feldenkrais Method as a way to keep mind and body nimble in retirement.

Producer: Margaret Shuhala

7B. LET’S TALK ABOUT ECONOMICS

Saturday: 10:00 a.m. - 12:00 p.m.

March 24, 31; April 7, 14, 28; May 5, 12

The class will discuss current economic issues from an economic, not a political, point of view. Students will apply the basic principles of economics that appear in every college-level economics textbook to many of the problems that confront society today.

Presenter: Andrew Weintraub is a former professor of economics at Temple University, a forensic economist who specializes in estimating the value of lost earnings, a magician, and the founder and past president of The CENTER for Performing Arts at Rhinebeck.

Producer: Joanne Mrstik

7C. POLITICS AS OPERA

Saturday: 10:00 a.m. - 12:00 p.m.

March 24, 31; April 7, 14, 28; May 5, 12

The art of politics has increasingly become a theatrical experience, operatic in intensity, and akin to present-day reality shows. This course will examine U.S. politics, now and in the past, as performance art, and politics’ effect on American governance.

Presenter: Chuck Mishaan (LLI) has presented his course Opera as Politics for several semesters at Bard LLI and area LLIs.

Producer: Chuck Mishaan

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SPRING



Bard College

Lifetime Learning Institute

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TO REGISTER

Registration deadline is February 5. Online registration is strongly encouraged. To register, visit the LLI website: bardlli.com. If you are unable to access the LLI website, call LLI at 845-758-7314; leave your name and telephone number, and someone will call to assist you.

MEMBERSHIP & FEES

Annual membership is \$175 per person, non-transferable. The membership year runs from September 2017 through August 2018. Only LLI members may attend classes. Members may not bring guests to classes or Off-Friday trips. The membership fee does not include books, transportation, entrance fees, or use of the Stevenson Gym at Bard.

TO APPLY FOR MEMBERSHIP

An online membership application form is on the LLI website: bardlli.com. Applications for membership are considered in the summer preceding the fall semester.