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Bard College

# Lifetime Learning Institute

## LLI MISSION STATEMENT

The mission of the Lifetime Learning Institute at Bard College is to:

- provide enriching educational and social experiences in a community of mature adults by offering noncredit and noncompetitive courses under the sponsorship of Bard College;
- encourage members to volunteer, according to their individual skills and interests;
- share ideas and experiences with students of all ages.

## About LLI

LLI is affiliated with the Road Scholar Institute Network, a national organization that facilitates communication with similar groups. LLI is an all-volunteer, member-run organization that encourages active participation. Our presenters volunteer from our membership, the community, and the Bard faculty. LLI organizes two seven-week semesters, a winter intersession series, and occasional special events.

## Donations, Grants, and Incentives

- Bard College Conservatory of Music: In 2012 LLI pledged \$25,000 to the Bard Conservatory, to be paid out over a five-year period. This donation was matched by a grant from the Andrew W. Mellon Foundation.
- Emeritus Dean of the College Stuart Stritzler-Levine Seniors-to-Seniors Grant: Five graduating seniors receive grants to help them complete their Senior Projects. A Bard College committee chooses the recipients, who may use the grant in any way they deem necessary. Prior to graduation, the recipients make a presentation at a high tea hosted by the members of LLI.
- Bard High School Early College Summer Intern Incentive: Bard's Early College in New York offers selected students the opportunity to graduate with two years of college credit. In the summer before their final year, many of the students participate in unpaid internships. LLI provides a small stipend to four students to pay their expenses during this time.
- Bard Center for Civic Engagement (CCE) Community Action Awards: For the fourth year, LLI will award \$3,500 to Bard College CCE to support student internships, travel, and other costs associated with student research projects related to civic engagement.

**CONTACT:** The Lifetime Learning Institute at Bard College,  
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## COURSE SCHEDULE AND INDEX

Friday Class Dates: March 24, 31; April 7, 14, 28; May 5, 12

COURSE	FIRST PERIOD 8:30 a.m. – 9:50 a.m.	PAGE	
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1B	Opera as Politics III	2	
1C	Therapeutic Yoga	2	
<b>SECOND PERIOD 10:10 a.m. – 11:30 a.m.</b>			
2A	Jewish Practices of Mindfulness (No class April 14)	2	
2B	Let's Talk About Economics	2	
2C	Nature Writing Workshop	3	
2D	Those Great Greeks	3	
2E	Women in Religion	3	
<b>THIRD PERIOD 11:50 a.m. – 1:10 p.m.</b>			
3A	Creating and Playing Music	3	
3B	Finding Your Voice	3	
3C	Inside the Chef's Studio	4	
3D	Reliving Historic Kingston and Rondout: A Revival	4	
3E	What Do You Think?	4	
<b>FOURTH PERIOD 1:30 p.m. – 2:50 p.m.</b>			
4A	<i>Conjunctions</i> Multigenre Workshop (1:30 p.m. – 3:30 p.m.)	4	
4B	Gender Fluidity: Male? Female? Or ???	5	
4C	Global Crises – Far East	5	
4D	Mystery Masters: Hammett and Chandler	5	
4E	Seeing Differently: Reading to Write	5	
4F	Tai Chi	5	
<b>FIFTH PERIOD 3:10 p.m. – 4:30 p.m.</b>			
5A	Poetry of Czeslaw Milosz	5	
5B	Psychological Astrology	6	
5C	Shocking Events: The History of Electricity and Magnetism	6	
5D	Wine Tasting	6	
<b>OFF-FRIDAY</b>			
6A	Hudson River School (3 sessions)	Monday/Tuesday, 10 a.m. – 1 p.m.	6
		May 1, 9, 16	
6B	Nature and Historic Rambling in the Hudson Valley (6 sessions)	Wednesdays, 10 a.m. – 12 p.m.	6
		April 5, 12, 19, 26; May 3, 10	
6C	Good Vibrations: A Life of Harmony (4 sessions)	Wednesdays, 10 a.m. – 12 p.m.	7
		April 12, 26; May 10, 24	
6D	The Articulate, Informed Dance Audience	Wednesdays, 3:10 p.m. – 4:30 p.m.	7
		March 15, 29; April 5, 12, 26; May 3, 10	
6E	Touring Historic Kingston (4 sessions)	Thursdays, 10 a.m. – 12 p.m.	7
		April 6, 13, 27; May 11	

**MEMBERSHIP & FEES:** Annual membership is \$125 per person, non-transferable. The current membership year runs from September 2016 through August 2017. Only LLI members may attend classes. Members may not bring guests to classes or Off-Friday events. The membership fee does not include books, transportation, entrance fees, or use of the Stevenson Gym.

## FRIDAY CLASSES

## FIRST PERIOD

**1A. THE AMERICAN WEST:  
PERCEPTION AND REALITY****Fridays: 8:30 a.m. – 9:50 a.m.****March 24, 31; April 7, 14, 28; May 5, 12**

“Go West, young man, and grow up with the country!”—Horace Greeley

The saga of the American West began with the Pequot Massacre (1637) and ended at Wounded Knee (1890) and Fredrick Jackson Turner’s “Frontier Thesis” (1893).

In between, the class encounters Lewis and Clark, Jackson’s “Trail of Tears,” Manifest Destiny, the Oregon Trail, and Transcontinental Railroad (1861–1869). Students examine the gap between the real West and the West of legend and memory through the lens of such as Owen Wister, Zane Grey, Karl May, Tom Mix, Edna Ferber, Larry McMurtry, and Cormac McCarthy.

**Presenter: Mark D. Isaacs, M.Div.; S.T.M.; D.Min.; Ph.D.** currently A.B.D. status in the D.Litt. program at Drew University. He is pastor of St. Paul’s Lutheran Church of Wurtemberg in Rhinebeck and an adjunct economics professor at the Culinary Institute of America. While engaging in postdoctoral work and teaching, he has traveled to Europe, India, and Israel.

**Producer: Dacie Kershaw****1B. OPERA AS POLITICS III****Fridays: 8:30 a.m. – 9:50 a.m.****March 24, 31; April 7, 14, 28; May 5, 12**

Opera has been a major art form in Western society for over 400 years, with much to say about politics. Part III of this course continues to look at governmental, sexual, economic, and religious politics as expressed in opera. A close examination of important 19th- and 20th-century operas and a look

at the current state of opera as a political vehicle are part of the course. Students will view operatic video performances in class as political themes are developed.

**Presenter: Chuck Mishaan (LLI)** has been an opera aficionado since the days of \$2.00 tickets at the old Met. He briefly appeared in a non-singing role on stage at the new Met and is a regular attendee there. He was an adjunct professor at NYU, teaching about technology and its impact on health care, and consults with health-care providers on automating their clinical practice.

**Producer: Chuck Mishaan****1C. THERAPEUTIC YOGA****Fridays: 8:30 a.m. – 9:50 a.m.****March 24, 31; April 7, 14, 28; May 5, 12**

Yoga can be a valuable addition to the toolbox for practices of self-care. This class will highlight different yoga techniques to support healing and health. Topics covered will be yoga for a better back, yoga to relieve stress and anxiety, yoga practices for stronger bones, and yoga for depression. Restorative Yoga, Yoga Nidre and Open Focus Meditation will be among the techniques introduced.

*Class Limit: 24*

**Presenter: Susan Blacker (LLI)** began yoga teacher training at Kripalu Center for Yoga and Health and was certified to teach in 2002. She continues to take workshops in Yoga of Heart®—Cardiac and Cancer, Healing Art of Yoga, Yoga for a Better Back, and Yoga for Students with Health Challenges. She teaches classes in Woodstock and Saugerties, and gentle yoga classes from home.

**Producer: Jane Diamond**

## SECOND PERIOD

**2A. AN INTRODUCTION TO JEWISH PRACTICES OF MINDFULNESS****Fridays: 10:10 a.m. – 11:30 a.m.****March 24, 31; April 7, 28; May 5, 12 (no class April 14)**

The Torah is the Jewish guidebook to creating a just and compassionate society in which each individual becomes a channel for loving-kindness in the world. Torah says that one can become such a channel through mindfulness practices embedded in an ethical frame. This experiential class will explore Jewish mindfulness practices in daily life, noting their effects and their connection to the God named “I AM” at the burning bush. The class is for people of any or no religious persuasion.

*Class Limit: 20 (minimum 8)*

**Presenter: Gail Albert, Ph.D., (LLI)** is a clinical psychologist, Jewish meditation teacher, author of *Mending the Heart, Tending the Soul: Directions to the Garden Within* (a meditative commentary on Torah), and nature photographer. She has given classes and workshops on Torah, meditation, and forgiveness at the Woodstock Jewish Congregation, Izlind Wellness Center, and a variety of synagogues and churches. Her website is [galbertphd.com](http://galbertphd.com).

**Producer: Ellen Foreman****2B. LET’S TALK ABOUT ECONOMICS****Fridays: 10:10 a.m. – 11:30 a.m.****March 24, 31; April 7, 14, 28; May 5, 12**

The class will discuss current economic issues from an economic point of view—that is, not from a Democratic or Republican point of view. Students will apply the basic principles of economics that appear in every economics textbook to many of the problems that confront society today.

**Presenter: Andy Weintraub** is a former professor of economics at Temple University, a forensic economist who

specializes in estimating the value of lost earnings, a magician, and the founder and past president of The CENTER for Performing Arts at Rhinebeck.

**Producer: Joanne Mrstik**

**2C. NATURE WRITING WORKSHOP**

**Fridays: 10:10 a.m. – 11:30 a.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

The rich history of American nature writing ranges from the transcendentalist Henry David Thoreau and the Catskill Mountains' John Burroughs to contemporary writers who combine a love for the natural world with environmental concerns. Students will develop their own examples, combining factual, objective depictions based on direct observation with such literary techniques as sensory description and figurative language. Class sessions will be devoted to workshops, with students presenting their work for discussion and commentary.

*Class limit: 20*

**Presenter: Carol Kushner** is a writer and editor who has taught a variety of writing and literature courses at Syracuse University, SUNY, Vassar College, and Bard College. She is currently an assistant professor in the English and Humanities Department at Dutchess Community College. She has also designed and facilitated workshops and retreats on nature writing.

**Producer: Cathy Reinis**

**2D. THOSE GREAT GREEKS**

**Fridays: 10:10 a.m. – 11:30 a.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

The class will read and discuss three plays by the original masters: *Agamemnon* by Aeschylus, *Oedipus the King* by Sophocles, and *The Trojan Women* by Euripides. Students will explore how history becomes legend, legend becomes myth, and myth becomes drama.

**Presenter: Lou Trapani** is the artistic and managing director of The CENTER for Performing Arts at Rhinebeck.

**Producer: Claire Luse**

**2E. WOMEN IN RELIGION**

**Fridays: 10:10 a.m. – 11:30 a.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

Multiple presenters will discuss the impact of women in religion.

**March 24: How Feminism Is Transforming Judaism**

**Presenter: Rabbi Jonathan Kligler**, Spiritual Leader of Kehillat Lev Shalem, Woodstock Jewish Congregation, Woodstock

**March 31: Women at the Passover Seder**

**Presenter: Rabbi David Nelson**, Visiting Associate Professor of Religion, Bard College

**April 7: Women Priests in Liberation Theology**

**Presenter: The Reverend Bruce Chilton**, Bernard Bell Professor of Religion, Senior Pastor, and Executive Director, Institute of Advanced Theology, Bard College

**April 14: The Divine Feminine in Hinduism**

**Presenter: Pravrajika Gitaprana**, Resident Minister, Vivekananda Retreat, Ridgely, Stone Ridge

**April 28: Women in Buddhism**

**Presenter: Luke Thompson**, Faculty, Bard Prison Initiative; Visiting Assistant Professor of Religion, Bard College

**May 5: Women in Unitarian Universalism: A Force to Be Reckoned With**

**Presenter: The Reverend Erica Baron**, Minister, Unitarian Universalist Congregation of the Catskills, Kingston

**May 12: Critical Moments When Women Have Changed Religion**

**Presenter: The Reverend Richard McKeon**, Rector, Episcopal Church of the Messiah, Rhinebeck

**Producer: Dona McLaughlin**

**THIRD PERIOD**

**3A. CREATING AND PLAYING MUSIC**

**Fridays: 11:50 a.m. – 1:10 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

Under the guidance of Joan Tower, Asher B. Edelman Professor in the Arts at Bard College, each meeting of this class will feature live performances with particular themes by students from the Bard College Conservatory of Music. She will introduce the musicians and moderate the discussion and question period to follow.

*Class limit: 60*

**Presenter: Joan Tower's** compositions have been performed by most major orchestras and ensembles in the United States. Reviews have described her music as colorful, rhythmic, and highly visceral. Her Naxos recording *Made in America* won three Grammy Awards. She was composer in residence with the Pittsburgh Symphony and St. Louis Symphony and founder of (and pianist for) the Da Capo Chamber Players.

**Producer: Bob Blacker**

**3B. FINDING YOUR VOICE**

**Fridays: 11:50 a.m. – 1:10 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

Students develop the acting skills to perform public readings of essays, short stories, monologues, and poetry. As they practice vocal exercises to enhance resonance and create a delivery that is conversational and real, they learn to captivate their audience with directness and simplicity and, so, find their voices.

*Class limit: 12*

**Presenter: Alan Lipper (LLI)** has performed extensively with The CENTER for Performing Arts at Rhinebeck, Performing Arts of Woodstock, and Rhinebeck Readers' Theater. He has studied acting with Olympia Dukakis, oral interpretation with Robert Silber, and voice in many modalities.

**Producer: Dona McLaughlin**

**3C. INSIDE THE CHEF'S STUDIO****Fridays: 11:50 a.m. – 1:10 p.m.****March 24, 31; April 7, 14, 28; May 5, 12**

Conversations about cooking, dining, and the emotive power of food will engage students with the Hudson River Valley's rich history and thriving contemporary culinary arts. An introduction to food and dining in the 19th and early 20th centuries will set the stage for weekly presentations by area chefs and food writers who discuss their experiences in the culinary world. Students will be encouraged to participate actively in the Q&A about the importance of food traditions in everyday life and cultural identity.

**Presenters:** **Valerie Balint** is interim director of collections and research at Olana State Historic Site, the home of Frederic Church. She attended culinary school in San Francisco and is a frequent lecturer on historical foodways, including cooking demonstrations about adapting historic recipes. **Amanda Massie** is curator for the New York State Bureau of Historic Sites. She uses historic recipes and foodways to enhance interpretation at state historic sites with historic periods spanning three centuries.

**Producer: Dorothy Baran****3D. RELIVING HISTORIC KINGSTON AND RONDOUT: A REVIVAL****Fridays: 11:50 a.m. – 1:10 p.m.****March 24, 31; April 7, 14, 28; May 5, 12**

Brought back by popular demand, this course is a comparison of early historical development in Kingston and Rondout, with separate off-Friday walking tours.

**March 24: Kingston's Colonial History****Presenter: Nina Postupack**, Ulster County Clerk**March 31: Growing Up with Kingston's History****Presenter: John Peter Roberts**, past president, Friends of Historic Kingston**April 7: The Development of the Rondout Neighborhood****Presenter: Geoff Miller**, Ulster County Historian**April 14: Immigration Movements in Kingston****Presenter: Thomas Hoffay**, former member, Kingston City Council**April 28: Kingston's Maritime and Canal History****Presenter: Allynne Lange**, Curator, Hudson River Maritime Museum**May 5: Kingston's Historic Architecture****Presenter: William B. Rhoads**, Professor Emeritus of Art History, SUNY New Paltz**May 12: Kingston's Chestnut Street****Presenter: Lowell Thing (LLI)**, past president, Friends of Historic Kingston; former chairman, Kingston Historic Landmarks Preservation Commission; author, *The Street That Built a City***Producers: Regina Armstrong, Lowell Thing****3E. WHAT DO YOU THINK?****Fridays: 11:50 a.m. – 1:10 p.m.****March 24, 31; April 7, 14, 28; May 5, 12**

This discussion group on current events focuses on significant international and national news. Each week before class the facilitator will e-mail a few key articles or editorials to participants for their reading and class discussion. Participants must have an active Internet address to receive the materials. The facilitator will manage the discussion to maximize participation and coverage of issues. Participants should come to class prepared to discuss the

issues presented in the provided articles and by reading other media sources.

*Class limit: 15*

**Facilitator: William Goldman** has had a long-term interest in current events, especially in international affairs. He worked and lived as a Peace Corps volunteer and then as a US Agency for International Development foreign service officer in seven countries over 30 years, managing assistance for reproductive health, child survival, HIV/AIDS, and related public health programs.

**Producer: Barbara Post****FOURTH PERIOD****4A. CONJUNCTIONS MULTIGENRE WORKSHOP: EXPERIMENTS IN READING AND WRITING****Fridays: 1:30 p.m. – 3:30 p.m.**  
**(Class extends into Fifth Period.)****March 24, 31; April 7, 14, 28; May 5, 12**

Participants read selected stories, poems, and essays from *Conjunctions:50*, *Fifty Contemporary Writers* and explore those through discussion and instructor-led writing exercises. Participants must commit to preparing the weekly at-home assignments, participating in discussions, performing writing prompts on the spot, and sharing the results of those writing experiments with the group. No writing experience required. *Conjunctions:50* can be purchased from the instructor in the first session (\$5) or from an online retailer in print or e-book form.

*Class limit: 12*

**Presenter: Micaela Morrisette** is the managing editor of *Conjunctions* and coordinator of Bard College's Program in Written Arts.

**Producer: Margaret Shuhala**



**4B. GENDER FLUIDITY: MALE? FEMALE? OR ???**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

This course will examine current challenges to traditional binary gender categories (male / female). It will review the biological / neurological and social underpinnings of gender (transgender, intersex, third gender) and examine research on sexual development, socialization, social movements (LGBTQI, feminism, etc.), and the construction of gender. Participants will discuss the social activism and media that have led to legal, language, and other cultural changes. The required text is *She's Not There: A Life in Two Genders* by Jennifer Boylan.

*Class limit: 22*

**Presenter: Alice Radosh** has a doctorate in neuropsychology and has taught psychology and women's studies at Brooklyn College, CUNY, and health sciences at New York University. She directed New York City's Office of Adolescent Pregnancy and Parenting Services (under Edward Koch) and, as senior program officer at the Academy for Educational Development, directed an evaluation of New York City's high school condom availability program.

**Producer: Barbara Sarah**

**4C. GLOBAL CRISES – FAR EAST**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

The Spring 2017 Global Crisis course will focus on the Far East, with emphasis on China. Specific topics and presenters will be announced prior to class registration.

**Producers: Denise Ryan, Jane Diamond**

**4D. MYSTERY MASTERS: DASHIELL HAMMETT AND RAYMOND CHANDLER**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

The class will read and discuss works by Dashiell Hammett and Raymond Chandler, both flawed geniuses who were, in many ways, the literary fathers of the great tradition of American detective mystery fiction. Participants will read about and thus meet two private detectives: Hammett's Sam Spade in *The Maltese Falcon*, and Chandler's Philip Marlowe in *The Big Sleep* (both of which are short novels). Students will also read some classic short stories by the authors.

**Presenter: Steven Bassin (LLI)** has taught at Pratt Institute, the School of Visual Arts, New York University, and The New School. He taught three previous courses at LLI that focused on mystery fiction: Classic American Short Mystery Fiction, Charles Dickens's *Bleak House*, and Arthur Conan Doyle's *Sherlock Holmes*.

**Producer: Joanne Mrstik**

**4E. SEEING DIFFERENTLY: READING TO WRITE**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

This is the fifth course in the Seeing Differently series. The class continues to read one poem each week, using "noticing" and other strategies to delay the cultural (or perhaps human) need for instant interpretation. This allows students to explore, examine, and play with a poem's complexity. That reading will lead to and inform in-class writing. (This is not a writing class; no prior writing experience necessary.) Ultimately, the class forms a community of readers and writers who share insight and experience.

*Class limit: 15*

**Presenters: Barbara Danish** was director of the Writing Center at New York University and adjunct associate

professor in the Art and Design Education Department at Pratt Institute. She now works on the hotline and as a counselor at Family of Woodstock. **Laura Brown** holds a master's degree in fine arts and is managing director of JSTOR, an online system for archiving academic journals.

**Producer: Ellen Foreman**

**4F. TAI CHI**

**Fridays: 1:30 p.m. – 2:50 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

Tai Chi is a blood-freshening moving meditation and slow-motion martial art. It promotes longevity and increases cognition, strength, confidence, balance, and flexibility. These gentle, stress-lowering exercises allow the *chi*, or life force, to follow the blood in the body, rather than stagnate. Tai Chi helps heal from the inside out.

**Presenter: Annie LaBarge (LLI)** is a poet and a painter who has taught art at the high school and college level. She studied Tai Chi with Joe Mansfield, Margaret Cheo, and Michael Porter. Her background includes all three of the yan forms of Tai Chi. She also teaches Tai Chi to the Health Alliance Oncology Support Group.

**Producer: Jane Diamond**

**FIFTH PERIOD**

**5A. POETRY OF CZESLAW MILOSZ**

**Fridays: 3:10 p.m. – 4:30 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

Milosz (1911–2004) lived through the Nazi / Soviet occupation of Warsaw, on into the 21st century. Awarded the 1980 Nobel Prize, he wrote complex, beautiful poetry that is especially attractive because he translated it into English himself. Students will read the poems aloud together, developing powers of perception on great poems that respond to every

true observation. Together students find they are the world the poet wanted for his poems. Text: *New and Collected Poems: 1931–2001* (Ecco).

*Class Limit: 20*

**Presenter: Rosemary Deen** completed graduate studies at the Universities of Michigan and Chicago. She retired from the English Department of Queens College CUNY. With poet Marie Ponsot, she developed a new approach to the teaching of writing in two books, and won a national award. She is poetry editor at *Commonweal* magazine and the author of an essay collection, *Naming the Light*.

**Producer: Denise Ryan**

### 5B. PSYCHOLOGICAL ASTROLOGY

**Fridays: 3:10 p.m. – 4:30 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

Astrology is many things to many people, but at its core it is an ancient and amazingly comprehensive description of human behaviors. A psychological exploration of this long-enduring system provides insight into all types of human energies, processes, and ideas. Students don't need to be believers, or have any prior experience, just open minds and lots of curiosity about how the human personality works.

*Class limit: 20*

**Presenter: Patty Kane Horrigan** is a writer, teacher, and counselor as well as an amateur astrologer. She has been exploring the many facets of psychological astrology for more than 15 years. The insights she has gained have been immensely useful to her, in her personal and professional lives.

**Producer: Margaret Shuhala**

### 5C. SHOCKING EVENTS – THE HISTORY OF ELECTRICITY AND MAGNETISM

**Fridays: 3:10 p.m. – 4:30 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

This course will trace the discovery and use of electromagnetism, from the Greek

experiments with the attractive power of amber and lodestone, through Ben Franklin's life-threatening tinkering with flying kites during a thunderstorm, to the modern understanding of electricity and magnetism as closely related phenomena. It will also look at invention and technology, particularly electrical power systems, radio communication, and microelectronics.

**Presenter: Bill Tuel, Ph.D., (LLI)** received degrees in electrical engineering from RPI. He has previously taught several LLI courses on the history of science, and is glad to finally teach a subject in which he has formal training.

**Producer: Bill Tuel**

### 5D. WINE TASTING

**Fridays: 3:10 p.m. – 4:30 p.m.**

**March 24, 31; April 7, 14, 28; May 5, 12**

Wine has been a part of social, religious, and commercial activities, and even a few wars, since the dawn of civilization. The course will touch on these influences while it reviews the vast expansion of wine culture in the last 50 years. Students will look at all this, and examine the wines themselves: tasting them and talking about them. The fee is \$15 per person, and each student should bring two wine glasses to each class.

*Class limit: 35*

**Presenter: Paul McLaughlin (LLI)** became interested in wine when he was in Germany in the Army. He holds a Ph.D. in chemistry and teaches part-time at Vassar College.

**Producer: Dona McLaughlin**

## OFF-FRIDAY COURSES

### 6A. THE HUDSON RIVER SCHOOL: PAINTERS, PAINTINGS, AND PLACES

**Monday / Tuesday: 10:00 a.m. – 1:00 p.m. (3 sessions)**

**Monday, May 1: Education Center, Olana State Historic Site**

**Tuesday, May 9: Frances Lehman Loeb Art Center, Vassar College**

**Tuesday, May 16: Montgomery Place**

Painters of the Hudson River School brought to the public a uniquely American style of art with their realistic but romanticized landscapes of a new nation. In this three-part course (classroom, museum, and field trip), Skip Doyle will discuss the works and styles of Hudson River School painters and their historical and geographical context with special reference to the Hudson River Valley.

*Class Limit: 20*

**Presenter: Skip Doyle** is a licensed guide who leads people into nature where these Hudson River School sites are found. He lectures throughout the Hudson River Valley on regional history, culture, and nature. He offers nature and spiritual programs at retreat houses along the Hudson River, and writes the "Valley Explorer" column for the Sunday *Poughkeepsie Journal*.

**Producer: Dorothy Baran**

### 6B. NATURE AND HISTORIC RAMBLING IN THE HUDSON VALLEY

**Wednesdays: 10:00 a.m. – 12:00 p.m. (6 sessions)**

**April 5, 12, 19, 26; May 3, 10**

Residents of the Hudson Valley can thank donors of properties and organizations that purchased estates, farms, and undeveloped lands for natural open spaces. The group will walk these properties, led by a naturalist

or historian from each site: Minnewaska State Park, Norrie Point, Top Cottage NHS, Montgomery Place, Olana SHS (\$12/pp), Vanderbilt NHS. A “victory” lunch at the CIA concludes the last ramble. Each ramble will be two to three miles, on hiking trails or paved and unpaved roads, with some ups and downs. Sturdy shoes or boots are required.  
*Class limit: 25*

**Presenter: Jay Hochstadt (LLI)** has led hikes, walks, and rambles for nearly 40 years. He is a former outings chair for the Sierra Club’s Atlantic Chapter (New York State).

**Producer: Joanne Mrstik**

**6C. GOOD VIBRATIONS: A LIFE OF HARMONY**

**Wednesdays: 10:00 a.m. – 12:00 p.m. (4 sessions)**

**April 12, 26; May 10, 24**

**Garry Kvistad’s Studio at Woodstock Percussion, Inc.**

**167 DuBois Road, Shokan, NY 12481**

Garry Kvistad is known for interpreting musical acoustics in fun and understandable ways for general audiences. The four sessions of this course are 1) Introducing World Percussion: Instrument Demonstration and Drum Circle; 2) History of Percussion Music and Woodstock Chimes; 3) Rhythms and Musical notes have the same DNA; and 4) Homemade and Antique Mechanical Instruments.

*Class limit: 50*

**Presenter: Garry Kvistad**, founder and owner of Woodstock Chimes, is a member of the percussion group NEXUS. He holds a B.Mus. from the Oberlin Conservatory and an M.Mus. from Northern Illinois University. He won a group Grammy award for the Steve Reich and Musicians recording of “Music for 18 Musicians” and is on the faculty of the Bard College Conservatory of Music.

**Producer: Bob Blacker**

**6D. THE ARTICULATE, INFORMED DANCE AUDIENCE**

**Wednesdays: 3:10 p.m. - 4:30 p.m.**

**Mar 15, 29; Apr 5, 12, 26; May 3, 10**

This survey of dance will act as a bridge between dance appreciation (how to watch and analyze dance) and dance history. Students will view dances on video from different time periods and consider how to assess their artistic merit in their own time and for their continued relevance today.

*Class limit: 25*

**Presenter: Leah Cox**, a dancer and choreographer, is associate professor of dance at Bard College and dean of the American Dance Festival school. She is former education director, dancer, and rehearsal assistant at the Bill T. Jones / Arnie Zane Dance Company (2001– 2015).

**Producer: Jane Diamond**

**6E. TOURING HISTORIC KINGSTON**

**Thursdays: 10:00 a.m. – 12:00 p.m.**

**(4 sessions)**

**April 6: The Rondout**

**April 13: Uptown**

**April 27: The Rondout**

**May 11: Chestnut Street**

Brought back by popular demand, walking tours of historic sites and buildings in Kingston and Rondout are scheduled before their corresponding Friday lectures. The charge for entrance fees is \$20.

**April 6: The Rondout: A National Historic District**

Kingston’s historic waterfront district, once a thriving maritime village with jobs for immigrants on the canal and in boatyards and allied industries, is now a destination for art, antiques, food, and culture.

**Presenter: Jane Kellar**, Friends of Historic Kingston

**April 13: The Fred J. Johnston Museum**

The 1812 Federal style house in Uptown Kingston displays an outstanding collection

of 18th- and early 19th-century furnishings and decorative arts.

**Presenter: Jane Kellar**, Friends of Historic Kingston

**April 27: Hudson River Maritime Museum**

A guided tour of the only museum in New York State dedicated to interpreting and exhibiting the maritime heritage of the Hudson River and its tributaries.

**Presenter: Allynne Lange**, Curator, Hudson River Maritime Museum

**May 11: Chestnut Street**

The Chestnut Street Historic District is the subject of the presenter’s book, *The Street That Built a City*.

**Presenter: Lowell Thing (LLI)**, past president, Friends of Historic Kingston; former chairman, Kingston Historic Landmarks Preservation Commission

**Producers: Regina Armstrong, Lowell Thing**

**COMMITTEES**

**CURRICULUM COMMITTEE**

Anne Sunners, *Chair*  
 Irene Esposito, *Secretary*

Regina Armstrong	Joanne Mrstik
Dorothy Baran	Barbara Post
Bob Blacker	Cathy Reinis
Anne Brueckner	Denise Ryan
Jane Diamond	Margaret Shuhala
Dacie Kershaw	Bill Tuel
Claire Luse	Leslie Weinstock
Dona McLaughlin	

**CATALOGUE COMMITTEE**

Bill Tuel, <i>Chair</i>	
Ellen Foreman	Tony Herles
Barbara Herles	Margaret Shuhala

Mail form to: **LLI Registrar, PO Box 745, Rhinebeck, NY 12572**

Registration form must be postmarked by **FEBRUARY 10, 2017.**

Check if there is new information

Please Print

Name	Nickname for Nametag		
Address	City	State	Zip
Phone	E-mail		

I would like to take a total of \_\_\_\_\_ Friday courses and \_\_\_\_\_ Off-Friday courses.

On the lines below, **write in the numbers of the two courses you most want.** We will do everything possible to give you your preferred classes. **First preference is given to active member volunteers who participate regularly in the operation of LLI.**

1. \_\_\_\_\_ 2. \_\_\_\_\_

Below, write in the **numbers** of your two choices for each period. If you have no interest in a class for a period, leave it blank.

	1st Choice	2nd Choice
<b>Friday First Period 8:30-9:50</b>		
<b>Friday Second Period 10:10-11:30</b>		
<b>Friday Third Period 11:50-1:10</b>		
<b>Friday Fourth Period 1:30-2:50</b>		
<b>Friday Fifth Period 3:10-4:30</b>		
<b>Off-Friday Courses</b>		

- 1. CLASS CHOICES:** First choices cannot always be accommodated. If possible, please request a second choice.
- 2. FILL OUT THE FORM COMPLETELY:** Filling out the form as requested maximizes the chance that you will get the classes you want. We may not be able to contact you to clarify any ambiguities.
- 3. CLASS SIZE:** The presenters and the capacities of available rooms determine the size of each class. **Please do not request class admission from class presenters.**
- 4. LUNCH:** There is no fixed lunch period. Please adjust your class requests to account for your lunch requirements. Please remember that food is not permitted in classrooms.
- 5. ADD-DROP CLASSES:** The registration confirmation correspondence will contain the location, dates, and times for changing classes.
- 6. QUESTIONS:** Questions and feedback may be directed to [lli@bard.edu](mailto:lli@bard.edu) or the LLI phone line, **845-758-7314**.
- 7. ONLINE REGISTRATION** is optional for Spring 2017. You may fill out this registration page and mail it, or you may go to [bard.edu/lli](http://bard.edu/lli) to register. In either case, the registration deadline is **February 10, 2017.**